



Patient Instructions for Pulmonary Function Testing

Please report to 2501 Jimmy Johnson Blvd. Suite 401 at _____am/pm on _____

Stop the following medications as follows:

None within 8 hours	None within 24 hours	None within 48 hours
Albuterol Atrovent Combivent Ipratropium Bromide Pro-Air Proventil Terbutaline Ventolin Xopenex	Advair / Wixela / AirDuo Alvesco Asmanex Bevespi Brovana (arformoterol) Dulera Flovent Foradil (formoterol) Lonhala Perforomist Pulmicort (budesonide) Qvar Serevent (salmeterol) Stiolto Striverdi Symbicort Yupelri	Anoro Arcapta Arnuity Breo Incruse Seebri Spiriva Trelegy Tudorza Utibron

1. Please take all your medications as prescribed *except* for the medications listed above
2. Please refrain from the following:
 - Smoking 1 hour prior to testing
 - Eating a large meal two hours prior to testing
 - Consuming caffeine the day of the test, (including energy drinks, coffee, and tea)
 - Consuming alcohol 4 hours prior to testing
 - Vigorous exercise 30 minutes prior to testing
 - Wearing restrictive, tight-fitting clothing, perfume, cologne, or lipstick
3. Please allow approximately one hour to complete the testing.
4. If you have an Inhaler, please bring it with you to your appointment.
5. Please watch the following educational video prior to your test:
<https://www.youtube.com/watch?v=gnR4qmqqhzm>
6. If you have any questions or need to reschedule, please call (409) 401-LUNG(5864)